

WHAT IS INVOLVED IN A TYPICAL BUSS® INTERVENTION?



The breakdown below shows the stages of a typical BUSS® intervention and the contact sessions that are involved in the programme

SESSION ONE - Initial Call



Your initial call is between parent/carer(s) and your BUSS® practitioner. We can arrange this via telephone or video call, whichever you feel most comfortable with. This is the chance to talk with your practitioner about your child's early experiences, family life, and discuss hopes and expectations for BUSS®, as well as the rhythm of the intervention.

SESSION TWO - Initial Assessment

Your practitioner will ask you to do different BUSS® activities and games with your child to build a picture of their foundation sensorimotor systems.

For local families, you will meet with your practitioner at one of our centres, while if you work with us remotely, your practitioner will request videos of these activities to review.





SESSIONS THREE & FOUR - Calls with your Practitioner

We will schedule two calls with your practitioner (typically fortnightly) to check in on how things are going. Between these contact sessions, your practitioner will request video clips of certain activities to review progress and think with you about any adaptations, ensuring the level of challenge right for your child and giving ideas for new activities.

SESSION FIVE - Midway Review

This gives an opportunity to reflect on the work, review progress and make plans for the second half of the work.



SESSIONS SIX & SEVEN - Calls with your Practitioner

Two further check-in calls... and lots more video clips!

SESSION EIGHT - Final Reassessment

The final session concludes the clinical part of the intervention, reviewing goals and completing outcome measures.

We send a final summary report at this stage.



PARENT'S GROUP

A parent support group, led by our Parent Mentors, runs once a month via zoom. You are welcome to join this throughout your intervention



END OF INTERVENTION REVIEW

When requested, a review meeting will be held with your practitioner, Social Worker and / or any other professionals to review the work and think together about future recommendations and next steps.

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