

# WHAT IS INVOLVED IN A TYPICAL BUSS<sup>®</sup> INTERVENTION?

## SESSION ONE - Initial Call

Your initial call is between parent/carer(s) and your BUSS<sup>®</sup> practitioner. We can arrange this via telephone or video call, whichever you feel most comfortable with. This is the chance to talk with your practitioner about your child's early experiences, family life, and discuss hopes and expectations for BUSS<sup>®</sup>, as well as the rhythm of the intervention.

## SESSION TWO - Initial Assessment

Your practitioner will ask you to do different BUSS<sup>®</sup> games and activities with your child to build a picture of their foundation sensorimotor systems. For local families, you will meet with your practitioner at our centre in Farsley, near Leeds, while if you work with us remotely, your practitioner will request videos of these activities to review.

### Initial Report



## SESSION THREE - Post Assessment Check in

A chat with your practitioner to answer any questions from the report, and think about how you're getting on as you get started with the games and activities.

## SESSIONS FOUR & FIVE - Calls with your Practitioner

We will schedule two calls with your practitioner (typically fortnightly) to check in on how things are going. Between these contact sessions, your practitioner will request video clips of certain activities to review progress and think with you about any adaptations, ensuring the level of challenge is right for your child and giving ideas for new activities.



## SESSION SIX- Midway Review

This gives an opportunity to reflect on the work, review progress and make plans for the second half of the work.

## SESSIONS SEVEN & EIGHT - Calls with your Practitioner

Two further check-in calls... and lots more video clips!

## SESSION NINE - Final Reassessment

The final session concludes the clinical part of the intervention, reviewing goals set at the beginning of the work and completing outcome measures.

### Final Summary Report



## PARENT'S GROUP

A parent support group, led by our Parent Mentors, runs once a month via Zoom. You are welcome to join this throughout your intervention

## END OF INTERVENTION REVIEW

When requested, a review meeting will be held with your practitioner, Social Worker and / or any other professionals to review the work and think together about future recommendations and next steps.